

For more resources and information:

www.montana211.org or Dial 2-1-1

SUICIDE PREVENTION

National Suicide Hotline: 800-273-8255

National Crisis Text Line: Text "MT" to 741741

MENTAL/BEHAVIORAL HEALTH SUPPORT SERVICES

Aware, Inc- 449-3120

Center for Mental Health- 443-7151

Journey Home (24-hour Crisis Response)- 406-403-4010

Leo Pocha Clinic- 449-5796

Our Place (Drop-In Center)- 442-1374

NAMI Helena- 443-7871

PureView Health Center- 457-0000

VA Medical Center at Fort Harrison- 442-6410 or 800-827-1000

SUBSTANCE ABUSE

Alcoholics Anonymous- 888-607-2000

Boyd Andrew Community Services- 443-2343

Florence Crittenton (Parents 12-24 and their children)- 442-6950

Leo Pocha Clinic- 449-5796

Narcotics Anonymous- 495-9787

PureView Health Center- 457-0000

MEDICAL CARE

Healthcare for the Homeless- 449-5682

Leo Pocha Clinic- 449-5796

Planned Parenthood- 443-7676

PureView Health Center- 457-0000 (medical) or 457-8928 (dental)

St. Peter's Health- 442-2480

VA Medical Center at Fort Harrison- 442-6410 or 800-827-1000

VETERAN'S SERVICES

Disabled American Veteran- (Transport to VA)- 495-2089

Helena Vet Center- 1301 Elm St. Ste. C- 457-8060

Montana Veterans Foundation Willis Cruse House (Men)- 449-7666

VA Housing Assistance- 447-6144 or 877-424-3838

Volunteers of America Northern Rockies- 996-1212

EMERGENCY SHELTER AND SUPPORT SERVICES

The Friendship Center (domestic/sexual violence)- 442-6800 (24-hour Crisis Line)

God's Love- 533 N. Main St- 442-7000 (Meals at 5am, 11:30am & 4:30pm)

Red Cross- 3150 N. Montana Ave. B- 800-733-2767

HOMELESSNESS PREVENTION AND ASSISTANCE SERVICES

Family Promise Day Center- 465-9467

Good Samaritan Ministries- 3067 N Montana Ave- 442-0780

Helena Housing Authority- Section 8 and Public Housing- 442-7970

Rocky- Affordable Family & Senior Housing- 447-1680 or 800-356-6544

The Salvation Army- 1905 Henderson St.- 442-8244

Florence Crittenton (young mothers and their children)- 442-6950

YWCA (for women and their children)- 442-8774

FOOD

Helena Food Share (Pantry)- 1616 Lewis St.- 443-3663

Office of Public Assistance (SNAP, TANF, Health Assistance)- 888-706-1535

Rocky- Senior Nutrition (Dinner Club/Meals on Wheels)- 447-1680

The Salvation Army (Pantry)-1905 Henderson St.- 442-8244

WIC, Supplemental Nutrition Program- 1930 9th Ave.- 457-8912

CHILDREN'S EDUCATION SERVICES for LOW INCOME FAMILIES

Child Care Connections-Best Beginnings Scholarships- 406-587-7781

East Helena Public Schools Homeless Liaison- 227-7700

Helena Public School Homeless Liaison- 324-2000

Florence Crittenton (Child Care 0-2, Preschool 2-3)- 442-6950

Rocky- Head Start- 457-7308

YOUTH SERVICES

Helena Youth Crisis Diversion Project- www.helenayouthcrisis.org/

Youth Dynamics, Inc.- 24-hour crisis line- 877-458-7022

Youth Homes (crisis housing, 12 to 17 year olds)- 442-0674

Intermountain Children's Home- 442-7920- www.intermountain.org

Shodair Children's Hospital- 444-7500- www.shodair.org

National Crisis Text Line- Text "MT" to 741741

Child Abuse & Neglect Hotline- 866-820-8437

SENIOR SUPPORT SERVICES

Rocky- Area IV Agency on Aging- 800-551-3191

www.rmhc.net/what-we-do/senior-services/area-iv

TRANSPORTATION

Capital Transit- 447-8080

Helena Taxi Courier Services- 449-5525

ENERGY ASSISTANCE

Rocky LIEAP/Energy Share- 447-1690

The Salvation Army- 1905 Henderson St.- 442-8244

TOILETRIES and HYGIENE PRODUCTS

God's Love- 533 N. Main St.- 442-7000

Placer Pantry- Good Samaritan Ministries- 3067 N. Montana Ave.- 442-0780

DIAPERS and FORMULA

Catholic Social Services- 1301 11th Ave.- 442-4130

Helena Alliance Church (diapers) every 2nd Tuesday (10am-2pm)- 442-1301

THRIFT STORES and/or MINISTRIES

Good Samaritan Ministries- 3067 N. Montana Ave.- 442-0780

NATIVE AMERICAN SERVICES

Helena Indian Alliance- 442-9244

JOB TRAINING and CAREER ASSISTANCE

Career Training Institute- 443-0800

Helena Job Service (incl. unemployment, veterans services)- 447-3200

LEGAL ASSISTANCE

First Judicial District Treatment Court- 457-8810

Montana Legal Services Association- 800-666-6899

TAX ASSISTANCE

Montana Legal Services Association (State Taxes)- 800-666-6899

Taxpayer Advocate Services (IRS, Federal Taxes)- 406-444-8668

For additional information, please contact United Way of Lewis and Clark Area at (406) 442-4360